



**Pre-Flight Packet:  
A Social Story, Character Guide, and Flight Map**

I am going to see the Trusty Sidekick Theater Company show *Up and Away* at Lincoln Center.



Lincoln Center Education



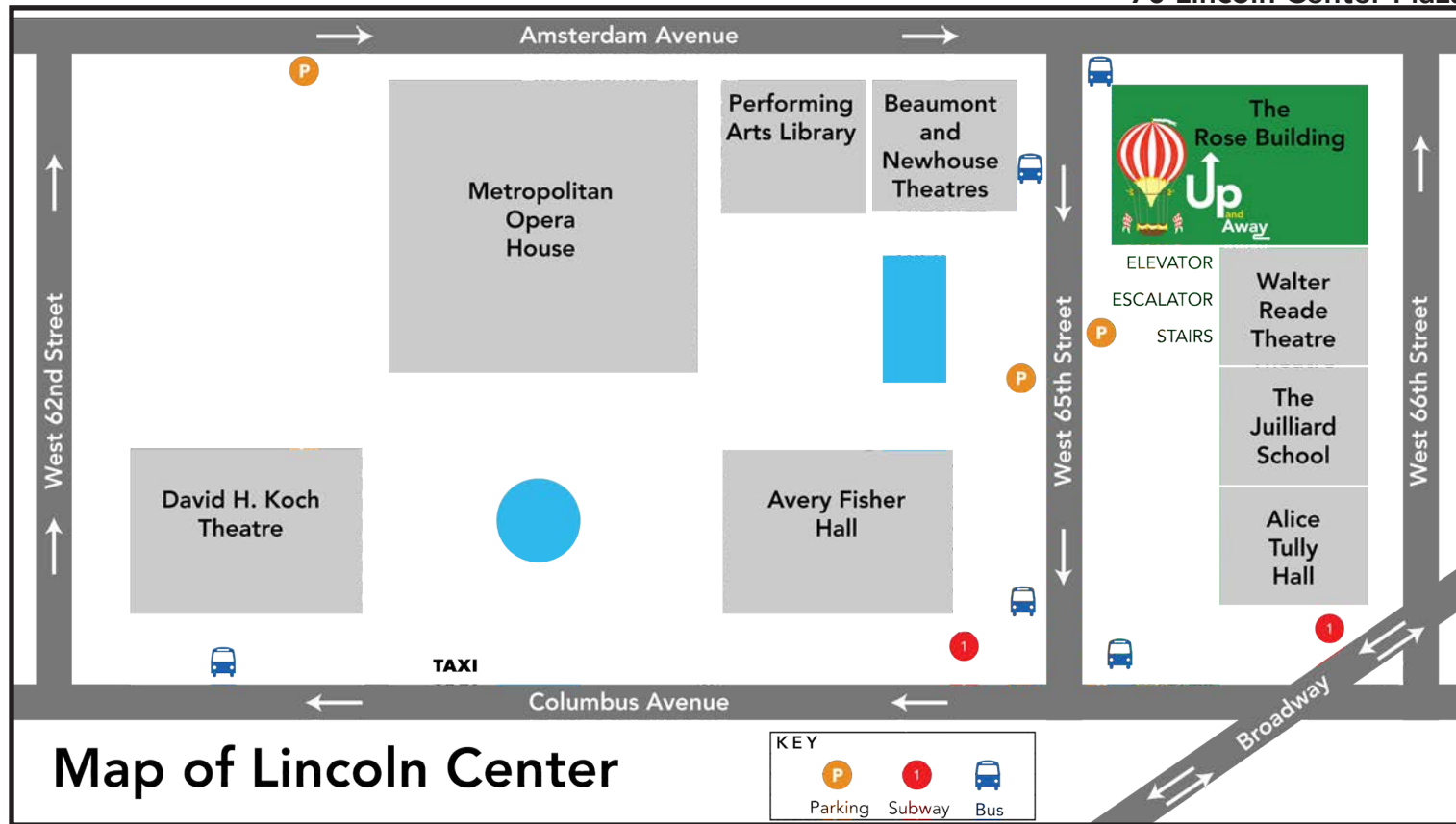
Mr. Fogg has invited me to the Fogg Family 1000<sup>th</sup> Balloon Ride!



I am so excited to go up and away in a hot air balloon!

I am going to travel to Lincoln Center.

Samuel B. and David Rose Building  
70 Lincoln Center Plaza



I may take a bus,



a car,



or a train.

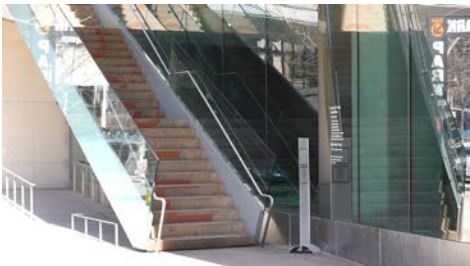


Mr. Fogg's house is inside a big building at Lincoln Center.

## Samuel B. and David Rose Building 70 Lincoln Center Plaza



I can go to the lobby of the building by taking the stairs, riding an elevator, or going up an escalator.



When I enter the building I will prepare to visit Mr. Fogg for the 1000<sup>th</sup> Balloon Ride.

I will meet the security guard.



I will wait for the elevator.



When it arrives I will meet Frop or Foon.  
They play beautiful music.



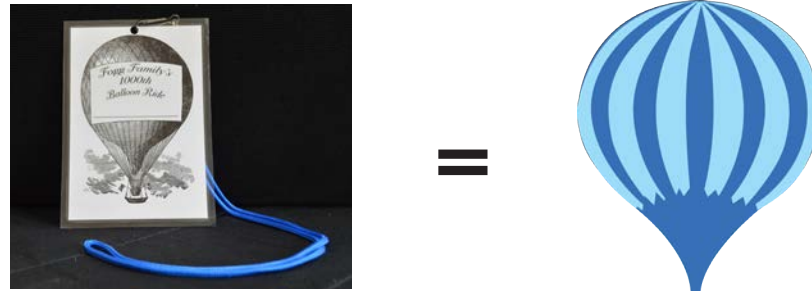
I will get in the elevator to go Up and Away!



When I get off the elevator I will meet Carl, our # 1 caretaker.  
Carl will give me my ticket for the balloon ride.



The color of my lanyard will match the color of my balloon.



I can also take a Cloud Fidget. This is mine to keep.



I will make sure to use the Fogg Family Restroom before the flight.



Then, I will explore the Fogg's Air and Wind Laboratory.



I will meet the Fogg Family!



**Frop and Foon Fogg**



**Fran Fogg**



**Phin Fogg**



**Carl**

# Meet The Fogg Family



**Phil Fogg**



**Flow Fogg**



**Fan Fogg**



**Flip Fogg**



**Faux Fogg**



I will pack my gear and get ready for the flight! I will be given my scarf to wear. It can get chilly up in the clouds.



If things get too loud during the flight, I can use ear muffs to make it a little quieter.



In the Air and Wind Laboratory, I will get a baby cloud from the Nursery.



It is so cute! I can't wait to return the baby cloud to the sky so it can grow up to be a big cloud.

I will take really good care of my baby cloud.

When Phin and Fran Fogg announce that it is time for the flight, The Foggs will help me to the Solarium. We will await the arrival of the balloons.



The Solarium has lots of windows and it is where I can cloud gaze and relax. If I need a break during the show, I can always come back to the Solarium.



Note: This is an illustration of the scenic design for the Solarium

When the balloons arrive, a member of the Fogg family will lead me to my balloon.



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I will meet the other passengers and find a comfortable seat in the balloon.





Frop and Foon will play music throughout the show.



Lift off can be a fun part of the trip! Lift off can also really excite the senses. I may experience wind and mist.

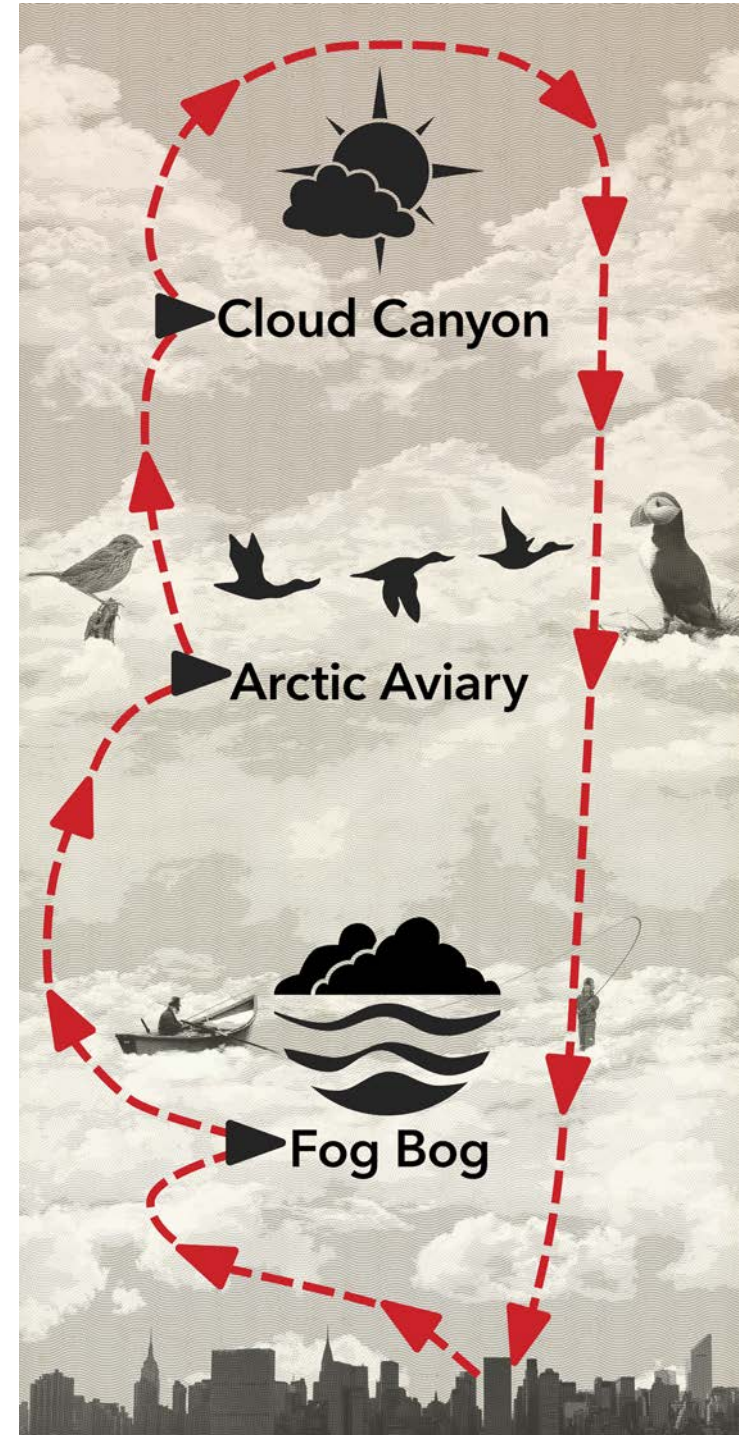


If I don't want any more, I can say, "No, thank you."

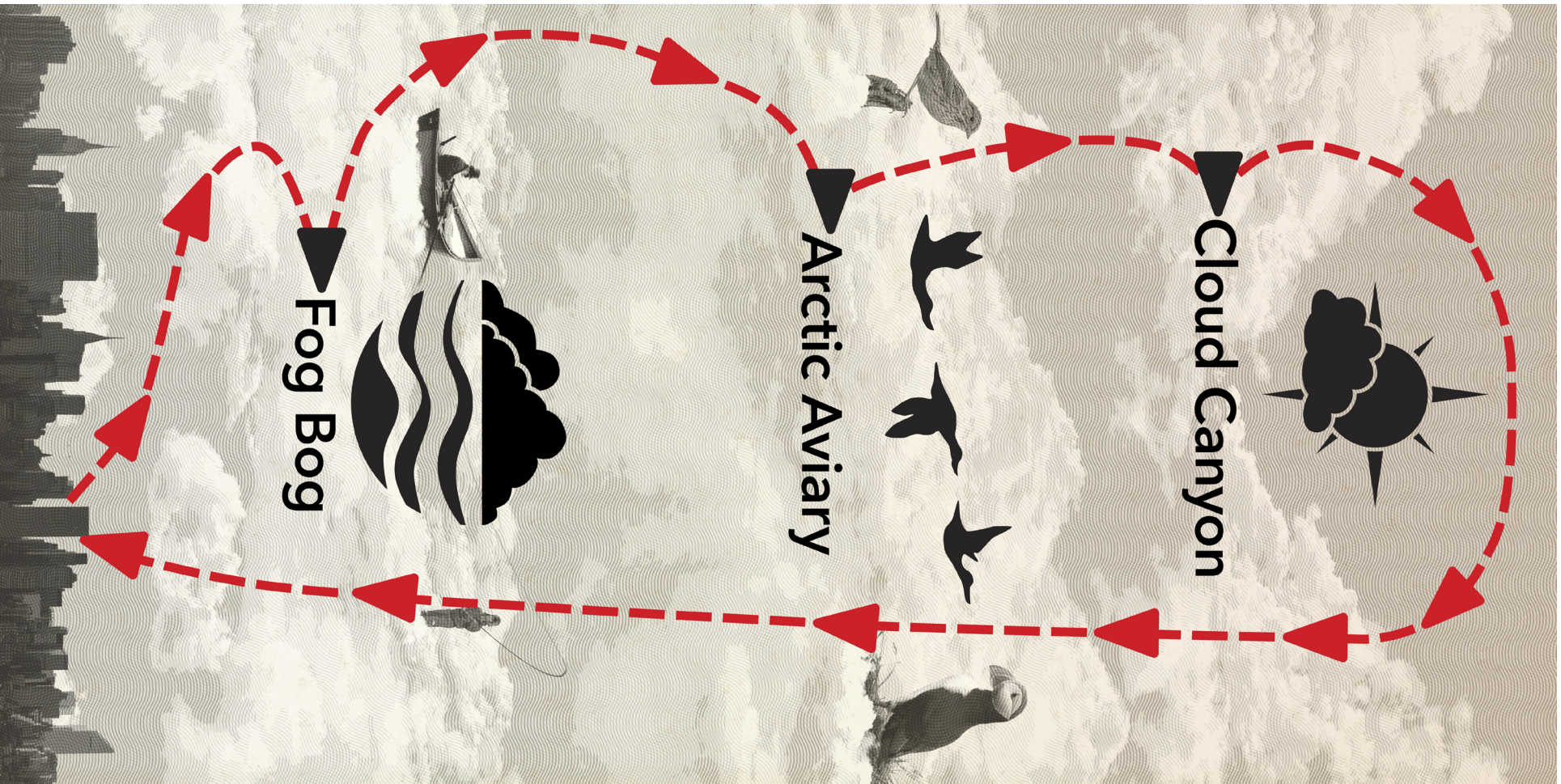
# FLIGHT MAP: RIDE 1000

During the show, I can use the flight map to know where the balloons will go next.

I can bring a copy of the flight map from home, or Carl can give me one when I meet him.







We will go Up and Away to visit:



the Fog Bog,



the Arctic Aviary,



and Cloud Canyon.

I will stay in my balloon until we visit Cloud Canyon.



If I need a break, I can return to the Solarium.



At Cloud Canyon we will exit our balloons and explore the clouds!



We will also return our baby clouds to the sky so they can grow into big, fluffy clouds of all shapes and sizes.



After Cloud Canyon, I will return to my balloon.



I will return to the ground and celebrate the completion of the 1000<sup>th</sup> Balloon Ride!

I will return my scarf and my ticket.



I can have my photo taken with a member of the Foggy Family.

Then, I will say, "Goodbye."



I am so excited to go Up and Away with the Foggy Family for the 1000<sup>th</sup> Balloon Ride!



**If I have any questions about the show that weren't answered,  
my caregiver or I can email [pbrewster@trustysidekick.org](mailto:pbrewster@trustysidekick.org)**



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